



Dealing with the Demonic

the **Vineyard** church
Love God. Love People. Period.

Dealing with the Demonic

Deliverance Training

- I. James 4:7 says, “Submit yourselves then to God. Resist the devil, and he will flee from you.”
 - A. There is no better way to push back the enemy than to be a radical follower of Jesus, loving him with all of our heart, mind, and strength!
 1. This is basic when helping others get free from bondage through Jesus Christ! So, how do we practically walk out the process of James 4:7?
 - B. All deliverance is generally a process.
 1. The reason it takes time is because most people don’t realize how to submit to God or how to resist the devil.
 2. 75% of the process is teaching them how to do those two things, and what their role is in the deliverance.
 3. 25% of the deliverance is when we actually do the praying to release them from the influence of demons.
 - C. If we don’t take the time to teach them how to resist the devil, the day after we pray, he’ll come back telling them, “It didn’t really work, nothing really happened, you really aren’t set free.”
 1. The bible says the demon “goes out (leaves them) and takes 7 other spirits more wicked than itself and they go in (back into the person being set free) and live there, and the final condition of that man is worse than the first.” (Luke 11:26)
 - D. In other words, it’s really important for us to realize what our part is in the whole deliverance.
 1. We need to be ready to figure out how he’s getting access to our lives, and what we are doing to cooperate more with him than with God in areas of our lives.
 2. When we understand this, we can keep our windows and doors shut and not give him any opportunity, or any cooperation with him.
 3. Most of us have no idea what we are doing to let Satan in or how we are giving our hearts over to his influence in certain areas.
 - E. This becomes the beginning step and the main goal of all deliverance.
 1. God will show up and do his part, but we have to concentrate on getting people to do their part.
 2. That’s almost always the process that takes time.
 3. There’s no guarantee or formula for how long this process will be for each person.
 4. It’s always different depending on how ready they are to cooperate with what God wants to do.
 5. How quickly they respond to doing their part determines if the process is short or long, days or weeks, weeks or months.

II. Submitting to God

- A. First of all, determine where the person's heart is.
- B. Some people will say they want freedom, but in reality, they really have no intention of completely coming under the authority of Jesus.
- C. To get rid of demons, you need two things:
 - 1. God's power and their will.
 - 2. We always have God's power, but often we don't have their will.
 - 3. This again is why we have to take time to help them see how they are not lining their will up with God's will for them.
 - 4. In deliverance, if you don't have the person's will, you don't have anything.
 - 5. For instance, when a person has a spirit of control that might be causing all kinds of bad fruit, they also, deep down in their heart, really like being in control and struggle with trusting Jesus to be the one in control.
 - 6. So because they want what they want, they are allowing the spirit of control to stay, so they don't have to give control to Jesus (because they want to be in control).
 - 7. Most of this is unknown to them because their head may be telling them they want Jesus in control, but their heart is deceived.
- D. In this case, all you can do is pray for them to want what God wants for their life.
- E. Pray for them and encourage them to get prayer and learn what it looks like for them to surrender to what God wants.

III. Steps to take for Deliverance

- A. Before, during, and after your meeting, you need to pray, pray, pray!
- B. Always be praying for discernment and wisdom so that you will be able to discern the source of a spirit.
 - 1. Is it God, Satan, or humanity?
 - 2. What does it mean?
 - 3. What is the significance of it specifically in this situation?
- C. Contact the person who wants to be set free and set up an initial meeting time.
 - 1. At this point, you will be listening and asking lots of questions.

IV. Step One

- A. Begin by asking them to share their story with you. Ask them:
 - 1. What has God been showing you about the influence of demons in your life?
 - 2. What are some of the symptoms and signs you are seeing that concern you?
 - 3. What issues are you stuck in?
 - 4. What are the main lies you're hearing on a regular basis?
- B. What is your relationship with God like?
 - 1. Do you spend time with God and do you hear his voice?
 - 2. Do you spend time reading the Bible?
 - 3. Are you able to receive something supernatural from him?
- C. Tell me if you've fully surrendered your life to Jesus.
 - 1. This is to insure that they actually are saved and are a follower of Jesus.

2. If they can't tell you this, you must take them through our brochure and make sure they come into relationship with Jesus through confession and repentance.
 3. Always give out a salvation packet and fill out the attached card and turn it into the office.
- D. Begin to share some of our philosophy of doing deliverance:
1. Jesus said, "I am the way and the truth and the life. No one comes to the Father except through me." (John 14:6)
 2. Do you have a "red light" or "green light" out for the enemy to see?
 3. What are you doing that lets the enemy know whether or not they're open for business?
- E. Once you have established what God is doing, you begin to educate the person wanting deliverance.
1. At this point, you may decide that it may be premature to continue with the deliverance because they aren't willing to do whatever it takes to be free.
 2. In these cases, you redirect them to healing teams, small groups, counseling, or other helpful resources explaining the reason why you think it's not OK to keep going down the path of deliverance.
- F. Once you know that, in fact, this probably is demonic activity and you are going to proceed, you begin to explain more about the process they will be going through:
1. We need to give you more information about how the enemy works and how he's getting access to your life right now.
 - a. It could be from past sin done against you, i.e. abuse.
 - b. It could be from your own sin.
 - c. It could be from past trauma or accidents.
 - d. It could be generational—passed onto them through bloodline.
 - e. It could be involvement in occult or other activities.
 2. The following are two resources that we have found to be very easy to understand as we approach deliverance and being set free (you should have these with you when you go to the meeting).
 - a. *The Bondage Breaker*, by Neil T. Anderson
 - This book is in line with our Vineyard values and language when it comes to the demonic. It gives them the ability to overcome negative thoughts, irrational feelings, habitual sins, and encourages how to take courage and stand firm.
 - Book and Workbook
 - b. Clash of the Kingdoms (link and Handout booklet)
 - This is a weekend workshop taught here on CD's that we want them to listen to and take notes.
 - This covers the scriptural text of how Jesus deals with demons, the entry points and how he gets access to us, our weapons against him, and types of bondages. It is very helpful for a well-balanced overall teaching on demons.
 3. We don't believe you have to be an expert on Satan, studying his ways obsessively, or looking for a demon behind every bush.

4. But at some point in our lives, as followers of Jesus, we have to get smarter than the enemy and know how he keeps attacking and that there is a battle going on over our lives.
 5. If you never know anything about your enemy in a war, you are giving them the advantage.
- G. These two resources mentioned are required reading in order for us to proceed to help them through this process.
1. Things will come up that they haven't thought about or realized that might have left an opening in their lives for the enemy to enter.
 2. You will need to help them process these things and pray with them in preparation for their deliverance.
 3. Some people may have learning disabilities or such severe demonic oppression that they cannot even work through the book or teaching.
 4. In these cases, we ask that you have them take the time to read one or two chapters and meet just to talk through that, and then keep meeting chapter after chapter until they work through the whole book.
 5. This is also something that you can get another healthy believer involved in doing with them, and then when they are done with being held accountable to do the reading, have them contact you again.
 6. Even the most demonized man in the Bible was able to recognize his need for freedom and fall at Jesus's feet and say heal me Lord.
- H. Talk about how we need to expect resistance.
1. Once you confirm that there is, in fact, demons influencing them and they determine they want to do something about it, demons scramble or get riled up.
 2. Take time to explain that things might get worse or they should expect things to get stirred in the very areas they are seeking freedom for.
 3. When God is moving, the enemy tries to abort the healing and deliverance process.
 - a. They will hear an increase of lies,
 - b. They will have a hard time coming to their appointment for prayer,
 - c. They will struggle desperately to follow through with their homework,
 - d. They will feel confusion and lack of understanding,
 - e. They will hear the enemy say, "This is a hoax, this is ridiculous, this stuff isn't even real, you don't want to do this or I'll kill you, hurt you, cause you more damage."
 - f. The person may even feel lots of fear about the deliverance.
 4. Spend time explaining that this is all normal!
 - a. If you don't quit, you always win when it comes to demons,
 - b. In fact, this activity means that you are on the right path,
 - c. They've been found out,
 - d. They know their days are numbered,
 - e. Teach them that when they hear a lie, to weigh it and discern,
 - f. Is that the Father's heart for me?

- g. Is that something that Jesus would say if he were standing here looking in my eyes?
- I. Talk about how normal it is to go through this part of deliverance.
 - 1. Explain that Hollywood has created drama around it that is not helpful and causes so much fear.
 - 2. Express how if they do their part, demons will leave quietly and quickly in 10 minutes, and that is how most deliverances that we do actually happen.
 - 3. Sometimes we see that when people begin exposing the lies and saying, “This is it, you’ve been found out, today is the day you’re dealt with and have to leave me alone,” the demons start to leave before we even start to pray on D day.
 - 4. This is Christianity 101. A normal every day rhythm of grace to push back the enemy in our lives and let the rule and reign of Jesus come into our lives. Normalize deliverance.
- J. Take notes about the symptoms and jot down what God is showing them and briefly what you think the root issues of healing are, if it’s obvious.
 - 1. Then I’m able to say to them “for this area we will do healing,” or “break that off,” or “help you get out from under the negative affects of that sin done against you.”
 - 2. Simply describe how confident you are about how this will go and how much faith we have.
 - 3. Explain how we’ve seen hundreds of people freed from the very things they seek freedom from.
- K. Talk about the reality that there is often a spirit of deception with most deliverances that have deceived them into thinking they don’t need deliverance.
 - 1. That’s why Jesus said the truth will set you free.
 - 2. Often we see deceiving spirits hanging onto other demons to distort the truth, distort reality, making them feel psychotic, making them think they can live a double life and get away with it, making them feel like they are being completely honest when they are not, and generally saying to them, “You’re OK or fine,” when they are not.
- L. Assign the homework of reading the resources and make a plan with them to complete it.
 - 1. Tell them to contact you when they are done.
 - 2. Sometimes you may want to meet with them again just to pray, even if they have not finished all the reading, as it does take time, even for the best students.
 - 3. Explain to them that what you will be looking for before you do a lot of deliverance is if they understand what their role is in the whole process.
- V. Step Two
 - A. Here is where you want to assess what they gained from the homework:
 - 1. How did it go and did they navigate their way through all of the material?
 - 2. What do they feel like God highlighted?
 - 3. Do they understand what they are reading?
 - 4. What kinds of questions do they have about the Clash of the Kingdoms teachings?
 - B. Answer questions about what they’ve read and bring explanation to their questions or offenses.

1. Often we see there is something about it they want to reject or object to, i.e., we've seen people get offended at the reality that Jesus is the only way to God and perhaps they've been using Native American tobacco burning, etc. and planned to just add Jesus to the melting pot of ideas rather than put all their hope in him.
 2. This would have to be addressed with scripture and a statement about how the Bible is our final authority.
- C. Sometimes these questions and answers take awhile and they are resistant to repenting from some of these things.
1. They simply are not ready to do absolutely anything that Jesus wants them to do in order to be free.
 2. At this point, we have to speak the truth in love, and you may need to take a week or two and ask them to talk to God about it, get prayer about it, and get back together later to tell you how that went.
 3. Over time, the tug of war ends as they finally surrender to Jesus in that area. We also point out that this wrong idea or theology is the very reason why they have the bondage and giving it up is part of their freedom.
- D. If you're going to stop there for a few weeks and let God work in a specific area, do the following:
1. Spend time praying about that with them.
 2. Follow up by reconnecting in one to two weeks.

VI. Step Three

- A. At this point, you are discerning if they have lined up their will with God's will for them.
1. Are they fully surrendered to Jesus and putting all of their hope and faith in him?
 2. What are they doing when they hear the lies of the enemy?
 3. How are they participating with God to rebuke the lies?
- B. Have them explain clearly what their role is and how they plan to keep the enemy out of their life.
1. What will you do when the attack comes?
 2. How will you know that it's Satan?
 3. Do you have a clearly defined plan in place?
 4. Are you frustrated with Satan's attempts, and are you turning all of your frustration away from yourself and from God?
 5. Are you learning how to tell Satan to leave you alone?
 6. Are you learning how to find your fight and do your part?
- C. At this point, learning to hear God becomes essential!
1. God is so faithful, he will tell us what to do and where to go during the process.
- D. Once you are completely convinced that they are willing to do their part in putting on their armor daily against Satan's tactics and schemes, you are ready to pray!
- E. You can start praying at this appointment, or...

VII. Step Four

- A. This is when you start to pray for deliverance.

- B. You can start praying at the above appointment, or you can pray a little bit about the things that you're certain will be easy to free them of (i.e., generational sin issues, familiar spirits [they've been around their family for years], etc.).
- C. God will give you discernment about it, but you probably will set up another time to start to do more prayer. This allows us to get rid of demons on God's terms rather than their terms.
- D. Here's how to prepare for beginning to pray (the last 25% of deliverance):
- We can fast.
 - Pray leading into it: ask for faith, discernment, prophetic insight, the Holy Spirit to empower your gift of deliverance.
 - Get prayer cover from others planned into it.
 - Spend time with Jesus being intimately connected with the Father so you can hear him clearly.
 - Repent of your own stuff so Satan can't hook your sin issues or discredit you.
 - Worship, leading into it.
 - Bring your Bible with you.
 - Receive anointing from God and be willing to take this risk.
 - Pray in Jesus's name because the demons hate it and it identifies you with Christ.
 - Remember, you have authority (read Luke 10: 17-19).
- E. Most deliverance happens best in teams of two or so.
1. We will be advising you on who your prayer partners should be and have you contact them to pray with you.
 2. The more people you add to the mix, the more baggage they bring with them.
 3. In other words, we all have some demonic influences and carry those into the room with us.
 4. The best deliverance context is only having those that are filled with the Spirit, have been intimate with Jesus recently, and have some deliverance gifting.
 5. Those things are determined by who you let be present during the prayer time.
- F. Invite the Spirit to come, release the gifts, and begin praying.
1. Break off lies,
 2. Rebuke the enemy,
 3. Release them into God's Kingdom,
 4. Loose them from the enemies influence,
 5. Speak directly to Satan or demons and tell them to leave after you sense the Holy Spirit's presence.
- G. Don't get into power struggles with the demons.
1. Only pray what you hear God saying and use authority.
 2. Don't beg them or entertain them with questions.
 3. We never see Jesus having conversations with demons.
 4. He just clearly tells them to leave.
- H. Check in with them and ask them how they are doing.
1. What are they hearing?
 2. What are you seeing?

3. Do you feel the authority of Jesus in you?
 4. Are *they* feeling some things leave?
 5. Are *you* feeling some things leave?
- I. Realistically, God will do some things, but not always everything will leave in the first prayer session.
1. They will see improvement or feel better, but you will both have some indication that there is more that needs to happen.
 2. You can give input to these areas and decide if you should meet weekly or how many more times.
 3. They have to be ready to do their part to get free in every area that you pray through.
- J. Keep meeting and praying until you feel like you are seeing the fruit of deliverance.

VIII. Step Five

- A. You will need to:
- Recommend more healing of deep root issues with additional prayer from small group or healing teams.
 - Communicate with their small group leader about what happened in the deliverance.
 - Make sure they are staying committed to community, small group, etc.
 - Talk through the obvious ways to keep their life filled with the Spirit and off limits to the enemy, i.e. Green Light vs. Red Light out for the enemy to see.
 - Ask them if they have accountability in place to resist certain sin issues, like lust, etc.

IX. Troubleshooting

- A. Unconfessed sin:
- Secret sins they have never been honest about. We see deceptive spirits keep people from saying what they are really involved in and not letting us or God speak to that in their lives. This always leaves demons in control and having a hey day in their lives.
- B. Gnosticism:
- They are seeking healing or freedom or spirituality in many other places besides Jesus. They've opened themselves up to Native American rituals, tarot cards, fortune telling, mystics, budhism, new age, etc. Then they just want to add Jesus to this huge melting pot, but they need to abandon everything else and surrender to Jesus as the absolute truth. He is the way, the truth, and the life, and no one comes to the Father except through him.
- C. Soul-ties:
- The person's emotions or spirit are controlled by someone else or a demon. These have to be broken over their lives and proclamation that only Jesus will be the one to control their emotions or spirits.
- D. Co-habiting demons:
- Demons tend to run in packs and attach themselves to one another. One thing leads to or lends itself to another. If you see one or identify one, it's likely others are there as well. Here are some common ones:
 - ✓ Anger/Unforgiveness/Bitterness/Hurt

- ✓ Fear/Control/Obsession
- ✓ Sex/Lust/Deception/Lying/Cheating/Shame/Guilt
- ✓ Control/Manipulation/Fear
- ✓ Pride/Control/Insecurity
- ✓ Religion/Blaming/Easily Offended
- ✓ Confusion/Fear/Anxiety
- ✓ Sexual Abuse/Shame/Guilt
- ✓ Infirmary/Pain/Addiction
- ✓ Jealousy/Hatred/Insecurity
- ✓ Rejection/Abandonment/Loss

E. Exposure/Accidents:

- Because of past events or trauma in someone's life, the enemy has gained access to their spirits. Families involved in accidents can have spirits of death or curses on them that need to be broken. Loss of a child can affect a whole family.

F. Rejection:

- A spirit of rejection can be there due to a Father or Mother not wanting a child before birth or even after they are born. This is a lens that they wear, truly believing they are rejected no matter how much love and acceptance they receive. This needs to be identified and broken.

G. Loss:

- A spirit of grief or loss and pain settles on them causing disappointment, pity, sense of victimization that lasts for years and is controlled by demons. Unrecognized loss is an open door for Satan to oppress people for years. These spirits need to be identified and broken off, spirits of disappointment and victimization.

H. Control:

- Most who believe they have spirits of control really want to be in control and it's very hard to get rid of that spirit. It takes a lot of bad fruit.